

PNG

Perioperative Nursing Conference



19-30 NOV 2023



NURSES FOR
NURSES
NETWORK



EDUCATION *at* SEA

CONFERENCE SYNOPSIS

This conference explores the perioperative environment, focusing on what is new in the changing perioperative landscape. The conference has four themes:

- Welcome to anaesthetics
- An appreciation of key issues in surgery
- A Salute to PACU
- Perioperative nursing care - the glue that hold everything together

We will also visit hospitals in Rabaul and ALOTAU to explore how Perioperative care is delivered in this tropical environment.

CONFERENCE LEARNING OUTCOMES

At this conference you will:

- Gain deeper theoretical and practical knowledge of perioperative nursing.
- Explore all three areas of perioperative nursing, anaesthesia nursing, instrument/circulating nursing and PACU nursing. Even if you only work in one of these specialty areas, all presentations have been designed to suit all perioperative nurses to provide insightful learning about what happens in other areas of the operating suite and how this intersects with all perioperative nursing care.
- Review many of the National Safety and Quality Health Service (NSQHS) Standards; Australian College of Perioperative Nurses Ltd (ACORN) 2023a standards; and Australian and New Zealand College of Anaesthetists (ANZCA) professional documents, to see how they can assist us in achieving a better work-based quality of personal life for ourselves and safer care for our patients.
- Investigate new collaborative learnings with perioperative peers from across Australia and perioperative nurses from Papua New Guinea.
- Gain an understanding of the wound healing process & how to support this.

YOU WILL ALSO LEARN

- About the complications of difficult airway management from looking at a previous coronial case.
- Develop a better understanding of Malignant Hyperthermia, a very rare but possible complication of anaesthesia.
- Emergencies are complex as we have to know what to do and be skilled when they occur but only see them infrequently. Learn more about anaphylaxis and performing CPR in the perioperative setting.
- Perioperative nursing is a very physical profession, requiring long periods of standing. Thus, nurses may suffer injuries related to this work. Gain a greater understanding of these concepts and learn some prevention strategies.
- Develop a greater understanding of how to do a full initial assessment on a patient in PACU and the post-operative complications you need to be watchful for.

OUR PRESENTER

Dr Paula Foran, PhD., R.N., FACORN, FACPAN

Dr. Paula Foran has a Graduate Diploma in Adult Education & Training awarded from the University of Melbourne, a Certificate IV in Workplace Assessment & Training, a Master Degree in professional education and training and has received her Ph.D. for her doctoral thesis, "The Value of Guided Operating Theatre Experience for Undergraduate Nurses", undertaken at Deakin University.

Paula has several publications and book chapters to her credit, has been a guest speaker, and presented Keynote presentations at National & International Conferences. Paula has been awarded the 'Most Popular Presenter' for her keynote address at the International Collaboration of Perianaesthesia Nurses (ICPAN) and presented at the ICPAN (International Collaboration of PeriAnaesthesia Nurses) conference in Cancun, Mexico 2019.

Paula was recently awarded the 'Best Oral Presentation' award at the European Operating Room Nurses (EORNA) conference in The Hague.

Paula is currently a unit co-ordinator of two master level subjects with The University of Tasmania, is a senior lecturer for Critical Care Education Services, the National Education Officer for the Australian College of Operating Room Nurses (ACORN). and was the 'Chief Examiner' for Perianaesthesia nursing in Australia until 2018 with the Australian College of Perianaesthesia Nurses.

She is a delightfully relaxed and humorous presenter.

THE PROGRAM

DAY ONE: SUNDAY 19th NOVEMBER 2023 | DEPART BRISBANE

1600 **We set sail**
Make sure you are on deck for the set-sail festivities

TBA **Conference Registration and Drinks**
Enjoy this opportunity to mingle with the other attendees at the complimentary drinks and Conference Registration function.

All delegates are required to attend the conference registration session to collect their conference pack & confirm registration details to ensure the correct issuing of their CPD certificate.

DAY TWO: MONDAY 20th NOVEMBER 2023 | CONFERENCE DAY

0800 – 0930 **Difficult Airway Management: A coronial case with learnings!**
In this session a salient coronial case study will be presented that highlights how things can so easily go from bad to worse, without appropriate training and understanding of airway equipment. It is pertinent to the anaesthetic, instrument and circulating nurses as in this sort of emergency an 'all hands-on deck' approach will be required. It is also worth remembering the re-intubation can occur in PACU in emergency situations, so vital information for all.

0930 – 1000 **Break**

1000 – 1130 **Muscle Relaxants and Reversal**
Have you ever pondered at night on how muscle relaxants work. This session will present pathophysiology on how normal neurotransmission works, how muscle relaxation inhibits this and how muscle relaxation is reversed. Important for anaesthetic, circulating and instrument nurses to understand how muscle relaxation works as they are all caring for paralysed patients. As PACU nurses recover patients following neuromuscular blockade, and often deal with issues where neuromuscular blockade is not well reversed, it is vital to know the whole process commencement to full reversal.

1130 – 1230 **CPR in the Operating Suite: A case history approach!**
Whilst CPR is something we all need to be competent in, many nurses have never actually performed this life saving procedure. This session looks at CPR in several different settings of the operating suite and provides learning and insight on how we can manage this situation better but also protect ourselves from possible injury.

1230 **Lunch**

Afternoon Session **Self-directed CPD Activities | Access via the online library**
Following our morning sessions, review some scholarly literature provided on difficult intubation and algorithms to assist us in practice.

DAY THREE: TUESDAY 21st NOVEMBER 2023 | CONFERENCE DAY

Morning Session **Self-directed CPD Activities | Access via the online library**
Before our morning session, please review some scholarly literature provided on perioperative risks for staff and prevention methods.

1300 – 1430 **Implications of Prolonged Standing: Injuries and Prevention Strategies for Perioperative Nurses**
Perioperative nurses, including perianaesthesia, and PACU nurses but more specifically instrument and circulating nurses, stand for most of their shift – anywhere from one to eight hours at a time. This prolonged standing has been linked to negative effects on health, increasing the incidence of musculoskeletal disorders, such as lower back pain and neck pain, and cardiovascular diseases, such as oedema, varicose veins, and venous pooling. This session will discuss these risks and discuss some preventative strategies to keep us all well and from possible harm.

1430 – 1500	Break
1500 – 1630	Infection in the Opening Suite: A Surgical Nurses Worst Fear - A case study approach! This session will present findings on a case study of a deep infection caused via a breach in aseptic technique and look at the process of investigation post event.
1630 – 1730	Bariatric Surgery and Care This presentation will not only look at bariatric care from admission to discharge but also discuss recent findings about perioperative nurses and Metabolic Syndrome in our own population.

DAY FOUR: WEDNESDAY 22nd NOVEMBER 2023 | CONFLICT ISLANDS

0800 – 1700	Conflict Islands Explore at your Leisure Don't be fooled by the name, this is paradise in the Coral Sea! The Conflict Islands are made up of 21 untouched islands in Papua New Guinea. With spectacular reefs, palm trees and deep blue seas, the Conflict Islands are home an incredible array of marine wildlife.
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DAY FIVE: THURSDAY 23rd NOVEMBER 2023 | ALOTAU

0800 – 1800	Alotau Explore at your Leisure The Capital of Papua New Guinea's Milne Bay Province, Alotau is steeped in history, rich in culture and blessed with natural beauty.
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Optional Tour: Visit to the Alotau Hospital

DAY SIX: FRIDAY 24th NOVEMBER 2023 | EXPLORE SHIP LIFE

	Take the day to explore what this fabulous ship has to offer.
TBA	This afternoon, join us for a fund raiser for the Global Nurses and Midwives Rotary Club.
TBA	Tonight, we will meet and Network to reflect on our visits to the Alotau hospital and explore clinical practice lessons learnt.

DAY SEVEN: SATURDAY 25th NOVEMBER 2023 | RABAUL

0800 – 1600	Rabaul Explore at your Leisure Located on Papua New Guinea's north eastern tip, this province - blessed with natural beauty but plagued with an unlucky past - has literally risen from the ashes.
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Optional Tour: Visit to Rabaul Hospital

DAY EIGHT: SUNDAY 26th NOVEMBER 2023 | KIRIWINA ISLAND

0900 – 1700	Kiriwina Island Explore at your Leisure Located in Papua New Guinea's Milne Bay Province, Kiriwina is the largest and by far the most populous of the Trobriand Islands, and home to one of the most colourful and fascinating cultures on earth.
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DAY NINE: MONDAY 27th NOVEMBER 2023 | CONFLICT ISLANDS

0800 - 1700	Revisit the Conflict Islands
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DAY TEN: TUESDAY 28th NOVEMBER 2023 | CONFERENCE DAY

0800 – 0930	Initial Patient Assessment in PACU This session will step you through the whole process of initial assessment, to readiness for discharge. Experienced PACU nurses can assess their knowledge. If you are not experienced but have ever been 'thrown' into PACU (or could be) this session is vital for you to gain an overview of the whole process.
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0930 – 1000	Break
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1000 – 1130	Post-operative Care including Management of Complications for Different Surgeries Every surgical procedure has its own unique complications, this session will look at each speciality and discuss its own complications so that rather than being surprised when they occur, you can be watchful for them. Forearmed is forewarned!
1130 – 1230	The Deteriorating Patient and Escalation of Care in the Perioperative Environment Most nurses know when things are going wrong, but how do you escalate care when no one seems to be interested. This session will discuss such difficult issues and provides some advice from the Coroner.
1230	Lunch
Afternoon Session	Self-directed CPD Activities Access via the online library
DAY ELEVEN: WEDNESDAY 29TH NOVEMBER 2023 CONFERENCE DAY	
Morning Session	Self-directed CPD Activities Access via the online library
1330 – 1430	Noise in the Operating Suite: How loud is too loud? Many perioperative nurses complain that the operating environment is too loud but how loud is too loud and what are some strategies to address this. Paula will also discuss some of her on-going research.
1430 – 1500	Break
1500 – 1630	Let's look at the Big Picture: Human Factors, Situational Awareness and Leadership! Everything relies on good leadership, communication and human factors. This session will discuss these vital issues that when not done well, are responsible for more than half of the preventable adverse events in the perioperative environment.
1630 – 1730	Tired, Exhausted, Sick of too much 'on-call': Can standards assist you and how? This presentation will be a fun question and answer session on PS08 Assistance to the anaesthetist, ACORN standards, and PS04 PACU guidelines to test your knowledge and learn at the same time. You may even will a chocolate frog!
1800 – 1900	Conference Farewell Event Venue: TBA Share a drink and farewell friends and colleagues.

DAY TWELVE: THURSDAY 30TH NOVEMBER 2023 | BRISBANE

0630 **Disembark – Safe travels!**

CONFERENCE INCLUSIONS

- An extensive Conference program based on current best practice
- Education content that meets the same exacting standards as anything offered in an Australian land-based program
- A Conference presenter who is a recognised expert in her field and is excited to be able to share her skill, knowledge, and passion with Conference Attendees
- An online Conference library filled to the brim with educational content that allows you to create your own learning experience by completing pre-conference education activities
- A Registration Reception including complimentary drinks where you can meet other Conference Attendees and network with Conference Convenors and Conference Presenter/s
- A Conference pack that includes a notepad, pen, lanyard (this is important on a cruise ship to attach your room key, which becomes your lifeline on a ship) and additional information to support a fantastic Conference experience
- The opportunity to meet as a group in various Conference open forums, in one of the many fabulous locations on the ship
- A complimentary Farewell Drinks and Canapes Function held on the last night of the Conference to celebrate new friendships and information gained
- A Conference Transcript that identifies each session held at the Conference, including the session synopsis and session presenter/s
- A Certificate of Completion identifying the CPD hours attached to the Conference Program for you to include in your CPD Evidence Portfolio

CONFERENCE REGISTRATION - \$1190.00

Please Note: Conference registration does not include accommodation or travel costs.

Conference registration and deposits are being handled by our Conference Partner – Education at Sea.

This is a fabulous program – to secure your place at this Conference you need to contact Education at Sea to find out about all the cabin options available.

Once you have paid your deposit, your registration is confirmed, and you can start planning your Conference getaway.

EDUCATION AT SEA CONTACT DETAILS

02 7908 7774 | enquiries@educationatsea.com.au | www.educationatsea.com.au

The Nurses for Nurses Network strongly recommends customers take out travel insurance at the time of registration for an event, to cover any unforeseen circumstances that may prevent them attending and thus incur any financial loss.

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